

All-Star Prep Divisions and Age Grid 2025



Prep Level 1.1 (Building Lvl 1, Tumbling Lvl 1)				
Division	Age	Age as of Date	Female/Male	# on Team
Tiny	6 to 7	2017-2019	Female/Male	5 - 30
Mini	7 to 9	2015-2018	Female/Male	5 - 30
Youth	8 to 12	2012-2017	Female/Male	5 - 30
Junior	9 to 15	2009-2016	Female/Male	5 - 30
Senior	12 to 19	6/1/05-2013	Female/Male	5 - 30

Prep 2.1 (Building Lvl 2, no tosses, Tumbling Lvl 1)				
Division	Age	Age as of Date	Female/Male	# on Team
Mini	7 to 9	2015-2018	Female/Male	5 - 30
Youth	8 to 12	2012-2017	Female/Male	5 - 30
Junior	9 to 15	2009-2016	Female/Male	5 - 30
Senior	12 to 19	6/1/05-2013	Female/Male	5 - 30

Prep 3.1 (Building Lvl 3, no tosses, Tumbling Lvl 1)				
Division	Age	Age as of Date	Female/Male	# on Team
Youth	8 to 12	2012-2017	Female/Male	5 - 30
Junior	9 to 15	2009-2016	Female/Male	5 - 30
Senior	12 to 19	6/1/05-2013	Female/Male	5 - 30

Prep Level 3.2 (Building Lvl 3, no tosses, Tumbling Lvl 2)				
Division	Age	Age as of Date	Female/Male	# on Team
Youth	8 to 12	2012-2017	Female/Male	5 - 30
Junior	9 to 15	2009-2016	Female/Male	5 - 30
Senior	12 to 19	6/1/05-2013	Female/Male	5 - 30